



FLUOR COMMUNICATORS NEWSLETTER



Meeting every Tuesday
12 - 1 PM

Fluor Canada, 55 Sunpark Plaza SE, Calgary, AB
and Microsoft Teams link (Hybrid Model)



A MESSAGE FROM OUR PRESIDENT

The 2022/2023 Fluor Communicators year started with a bang. We had a successful sizzling-hot summer kick-off meeting that opened the doors to welcoming 5 new members. This in turn led to us attaining the Smedley award. We have excitedly welcomed guests and members from around the globe including Scotland, Cyprus, and Sudan.

Club visitors can attest to the amount of fun we have when we come together on Tuesdays. When Dr. Ralph Smedley said, "We learn best in moments of enjoyment," he was without a doubt referring to Fluor Communicators.

Our current Executive team consists mainly of new Toastmasters. You would think this would be a challenge but not for this bunch of firebrands. Club support comes from resourceful mentors and has the backing of an awesome Corporate Sponsor, Fluor Canada. In addition to providing an enabling venue, recently they began graciously providing lunches (in-person attendees only) Yaaay! Members are jumping in and wading through their pathways at lightning speed.

I am awed by how far we progressed in Q1 of the Toastmaster calendar. Furthermore, I am excitedly looking forward to what lies ahead. If you ever consider embarking on this incredible journey, you may want to consider joining our club. This newsletter provides a sneak peek of who we are, what we represent, and the FUN we have while learning and *growing together*.

Enjoy your read!

OUR NEW MEMBERS AND EXECUTIVE BOARD



PRESIDENT
Arobo Ako

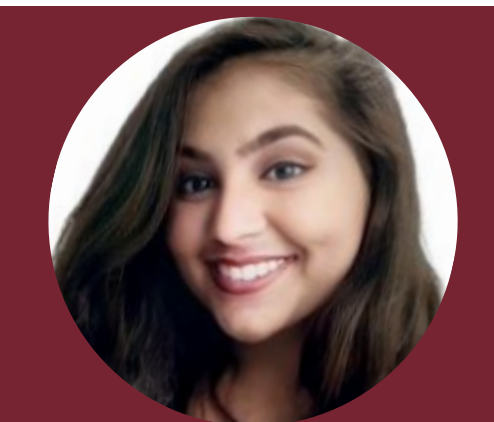
Hello there!

I am Arobo Ako, and I have been a Toastmaster for almost 2 years. Being a Toastmaster not only teaches me to talk the talk but also prepares me to walk the walk of a leader. Fluor Communicators was the first TM club I ever visited and it was love at first experience. I am hoping to learn and develop leadership, writing, and project management skills, and develop confidence when speaking in large gatherings. Fun fact, I just registered for skiing classes. I'll be rolling in the snow more than I'll be skiing but, what is life in Calgary without some winter FUN....



CO-VP EDUCATION
Guofang Jiang

I grew up and worked in Beijing, China until I moved to Canada in 2003. I received a masters degree from UA in my first two years in Canada. It had been a big challenge when I started a new life in Canada, but I survived! I joined Toastmasters to overcome the stage fear and practice chairing/organizing meetings with ease. I am hoping to learn public speaking and learn from people with different cultures and backgrounds. One interesting thing about me is that I am always fascinated by the wonders of nature and literature.



VP OF PUBLIC RELATIONS
Kartavi Shah

Hi everyone,

I'm Kartavi, the current VP PR for Fluor Communicators. I joined Toastmasters at Fluor earlier this year to learn how to present engaging speeches while being surrounded by like-minded individuals. Through my involvement in the organization, I hope to learn to be more comfortable in public speaking environments to deliver impactful speeches and reduce my usage of filler words. One interesting and fairly hidden fact about me is that I have trained in TaeKwonDo since elementary school and hold a black belt.



SECRETARY
Olanari Okungbowa

Hi everyone,

I'm Olanari Okungbowa and have been working professionally for over 14 years. My hobbies include travelling with family, watching movies, reading, listening to music and walking. I joined Fluor Communicators club because I had a competition where I had to present my research topic to a global audience. I wanted to not only present my pitch properly but do it a manner that will make me stand out from the other competitors. I am hoping to improve her presentation technique, gain confidence in speaking as well as gain leadership skills. Fun fact, one summer holiday, I went on an adventure, and travelled to Las Vegas, Orlando and Hollywood, 3 cities in the US on vacation in 2 weeks.



VP MEMBERSHIP
Richard Burwell

I'm originally from Leeds, England and all of my immediate family is still there. I moved to Canada a little over 20 years ago and have been with Fluor Canada for the last 15 years. Since I joined Fluor Toastmasters has always been one of those things that was on my list for things to check out, but then project life generally got in the way. Moving in to the Department Manager role and then becoming the Management Representative for Fluor Communicators Club has really enabled me to engage in Toastmasters and since I'm going to be at the meetings anyway I thought I may as well take the opportunity to dive right and gain the benefits and learning opportunities of Toastmasters membership. I am hoping to learn tips and tricks to improve the impact and effectiveness of my public speaking. Fun fact about me is that I passionately dislike watery vegetables.



TREASURER
Aditya Verma

Hi everyone,

I'm Aditya, but my friends also call me Adi. I recently started working at Fluor as an Engineer-in-Training (EIT). Throughout university, opportunities to improve my public speaking skills were scarce. So, I joined Toastmasters to sharpen my rhetoric and eliminate the fear of public speaking. I hope to develop a strong network with like-minded people at Toastmasters and enhance my creativity in speeches. One interesting fact about me is that I used to train in classical music and take piano lessons as a kid. Unfortunately, I could not continue practicing, but I would love to start training again.



CO-VP EDUCATION
Marcy Field

Hi everyone, I am Marcy. I am a brand strategist, marketing consultant, and a social media manager. After meeting one of my clients, I joined Fluor Communicators in 2018. 4 years later, in February 2022, I completed the requirements to become a Distinguished Toastmaster. I served as a VP-Ed 4 times, Club President once, and District 42 Public Relations Manager for 2 consecutive terms. I recently began my 2nd term as Toastmasters Region 4 Public Relations Manager.

I enjoy mentoring others and accompanying them in their learning journey and speak 1-2 times a month in other Toastmaster Districts/regions.



PAST TREASURER/SECRETARY
Monica Huang

I am Monica. I like to travel, hike and sometimes cook. I joined Toastmasters as it is convenient and it works as a good break from my engineering work. I am hoping to learn communication skills along with leadership skills. One interesting fact about me is that I like hiking.



NEW MEMBER
Clint Bergstreser

Hello everyone! My name is Clint Bergstreser. I grew up in a farm in Southern Alberta and have been living within the province my whole life. I've been in Calgary for a few years and I've just started working as a structural designer for Fluor. I like to hike, run, snowboard and train when I'm not working. I joined Toastmasters to not only face my fear of speaking, but to improve my presentation and speaking skills as well. I have always heard about it through the internet and school but I have never experienced it firsthand. There is not one specific thing I am leaning towards. I'm hoping to learn better improvisation, speaking techniques, and eventually leadership. I'm very much into cooking. When I'm not following a recipe, I like to experiment to see what new creations I come up with!

MEMBER MILESTONES

**LEVEL 4**
PRESENTATION MASTERY



CONGRATS
AROBO
AKO

**LEVEL 3**
PRESENTATION MASTERY



CONGRATS
LISA
BRANCH

**LEVEL 1**
PRESENTATION MASTERY



CONGRATS
BERNIECE
BLAND

**LEVEL 1**
TEAM COLLABORATION



CONGRATS
MARCY
FIELD

**LEVEL 1**
INNOVATIVE PLANNING



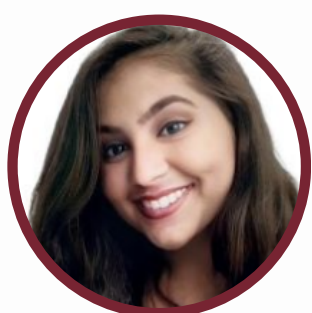
CONGRATS
BENJAMIN
ZHANG

**OF THE YEAR
Awards**



Arobo Ako
Area D23
Rookie of the Year

ICE BREAKERS



Kartavi
Shah



Aditya
Verma



Clint
Bergstreser



Olanari
Okungbowa

CLUB MILESTONES

SIZZLING SUMMER KICK-OFF

We hosted a fun kick-off BBQ lunch in August!



TABLE TOPICS CONTEST



ADDITIONAL WINS

Fluor Communicators received the Smedley Award!

Fluor Communicators received the Go-Getters Award!

One of our newest members, Ola, was a finalist in an international speech contest in Scotland

Wendie and Ola represented our Club
in the Divisions D contest!

We are becoming globally diverse! We have members from Canada, USA, UK, Sudan and Cyprus

More wins to come!

Connect with us on our socials [here](#)

TO PROSPECTIVE MEMBERS

Come and visit us online to see what Toastmasters can do for you! Practice public speaking, improve your communication and build leadership skills.

Reach out to our VP Membership, Richard!

Richard.Burwell@fluor.com

SEE YOU AT OUR NEXT MEETING!

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