



FLUOR

COMMUNICATORS

SUMMER 2023

A Letter from Arobo

by Arobo Ako, Immediate Past President

As my tenure as the outgoing President of our esteemed Toastmasters club has come to an end, I can't help but reflect on the incredible journey we have embarked upon together. I am immensely proud to announce that our club has once again achieved the status of a Distinguished club for the ninth consecutive time, a testament to every member's dedication and hard work. This remarkable achievement is a reflection of our commitment to personal and professional growth, and I am honored to have been a part of such a thriving community.

I would like to express my heartfelt gratitude to the leadership team, club executives, and mentors who have played an instrumental role in making this year an astounding success. Your unwavering support, guidance, and passion have fostered an environment where members can flourish and achieve their goals. Through your collective efforts, we have witnessed transformative speeches, confident leaders emerging, and friendships that will last a lifetime. I am truly grateful for the privilege of working alongside such talented individuals.

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As I hand over the reins to the new leadership, I urge you to extend your unwavering support and encouragement to them. Embrace the opportunities ahead and continue pushing the boundaries of your comfort zones. Toastmasters is not just a club but a journey of self-discovery, growth, and empowerment. So, I challenge you to make the most of this incredible platform, to be proactive in seeking feedback, and to seize every opportunity to learn and grow. In the words of Ralph Waldo Emerson, "Do not go where the path may lead, go instead where there is no path and leave a trail." May you continue to blaze trails and inspire others as we move forward together. Thank you all, and here's to an exciting new chapter for our Toastmasters club!

Arobo

Meet the New Executives!

ADITYA
PRESIDENT



AROBO
IMMEDIATE PAST
PRESIDENT



OLANARI
CO-VP EDUCATION



CLINT
TREASURER



DOINA
CO-VP EDUCATION



MITALEE
SECRETARY



MARCY
VP MEMBERSHIP



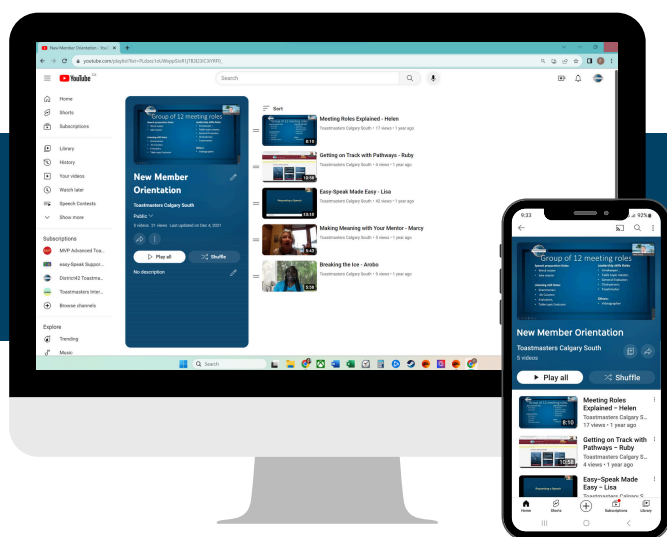
JIAAN
SERGEANT-AT-ARMS



WELCOME

TO OUR NEW MEMBERS!

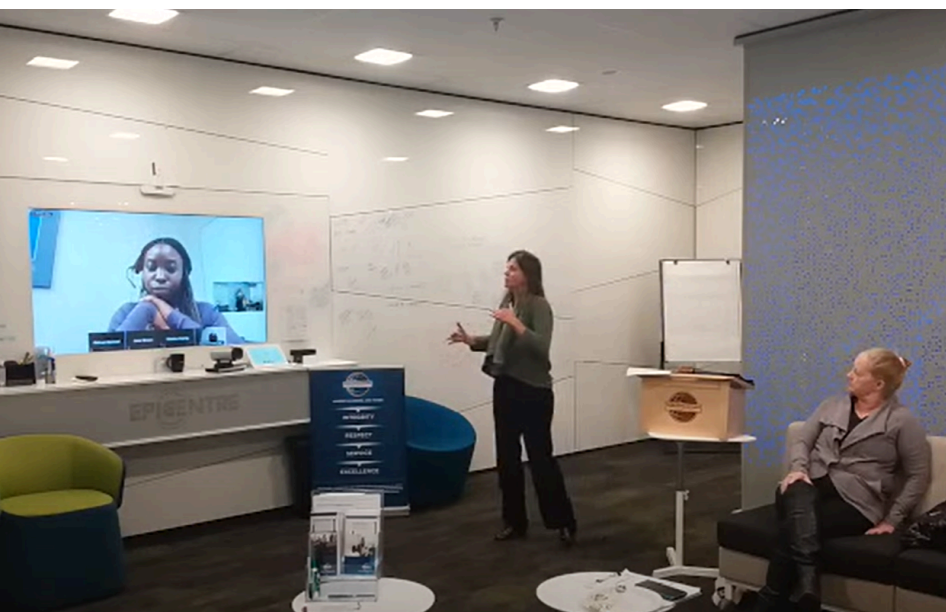
Amita Garg
Jennifer Makin
Andrew Russell
Isabella Castiglione
Lisa Brearley
Muhammad Aleem
Rahul Prajapati
Snehal Lathkur



New to the club and not sure where to start?

**Check out our
NEW MEMBER
ORIENTATION VIDEOS!**

SCAN
ME

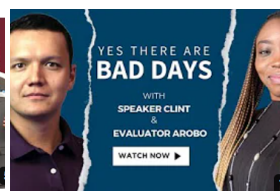


- ✓ Meeting Roles Explained
- ✓ Getting on Track with Pathways
- ✓ Easy-Speak Made Easy
- ✓ Making Meaning with your Mentor
- ✓ Breaking the Ice



@ToastmastersCalgarySouth

Our YouTube channel has a wealth of resources for everyone, no matter how long they have been a Toastmaster! Check out recaps of our meetings, speeches and their evaluations and learn more about the different meeting roles



New Member
Bootcamp
with Marcy!



2022 - 2023 Educational Achievements

- 🏆 Level 1 Dynamic Leadership – Aditya Verma
- 🏆 Level 1 Dynamic Leadership – Arobo Ako
- 🏆 Level 2 Dynamic Leadership – Arobo Ako
- 🏆 Level 1 Team Collaboration - Marcy Field, DTM
- 🏆 Level 2 Team Collaboration - Marcy Field, DTM
- 🏆 Level 3 Team Collaboration - Marcy Field, DTM
- 🏆 Level 2 Presentation Mastery – Masoud Shahanaghi
- 🏆 Level 1 Presentation Mastery - Olanari Okungbowa
- 🏆 Level 2 Presentation Mastery - Olanari Okungbowa
- 🏆 Level 3 Presentation Mastery – Olanari Okungbowa
- 🏆 Level 4 Presentation Mastery – Lisa Branch, DTM
- 🏆 Level 5 Presentation Mastery – Lisa Branch, DTM





The Distinguished Club Program (DCP)

Embrace the Power of Toastmasters!

Toastmasters International is a renowned organization that empowers individuals to become effective public speakers and leaders. Through its Distinguished Club Program, Toastmasters provides a roadmap to success, providing clubs with goals and guidelines to enhance their members' communication and leadership skills.

The Distinguished Club Program (DCP) plays a pivotal role in boosting communication and leadership

skills, fostering a supportive and engaging environment for members. DCP is a cornerstone of Toastmasters International. By actively participating in the program, Fluor Communicators set clear goals, fostered continuous improvement, and created a supportive and engaging environment. The program empowered club leaders, motivated members, and provided external recognition for achievements. Embracing the Distinguished Club Program is key to unlocking the full potential of Toastmasters clubs.

Since 2005, Toastmasters International maintained records of Clubs participating in the program. In 2023, Fluor Communicators achieved President's Distinguished status for the 9th consecutive year (11 times total). The Club has been Distinguished twice and Select Distinguished six (6) times.

Harnessing the Power of Member Education and Achievement

Member Education and Achievement play a crucial role in harnessing the power of Toastmasters clubs. By focusing on member growth and development, Fluor Communicators enhanced their overall effectiveness and created a nurturing environment for personal and professional advancement.

RECOGNITION

1

- Being a Distinguished means your club met all the criteria to be considered an outstanding club.
- This achievement is recognized by Toastmasters International and can bring pride and prestige to the club.

IMPROVED MEMBERSHIP

2

- Achieving Distinguished status requires a commitment to quality meetings and strong member participation.
- Being a part of a PD club can attract new members who are looking for a high-quality Toastmasters experience.

ENHANCED NETWORKING

3

- Toastmasters clubs are a great place to network, and Distinguished clubs are often highly respected within their local Toastmasters community.
- This can create opportunities for members to interact with other clubs and build their professional networks.

LEADERSHIP DEVELOPMENT

4

- To achieve Distinguished status, clubs must demonstrate leadership and organizational skills.
- Actively working to achieve this goal, members develop valuable leadership skills to apply in their personal and professional lives.

INCREASED OPPORTUNITIES FOR LEARNING

5

- Distinguished clubs often have a higher caliber of speakers and evaluators challenging members to grow and develop their speaking and leadership
- TM recognition can bring in top-level speakers for special events or training opportunities.

How Distinguished Clubs Impact the Toastmasters Community

Toastmasters clubs play a vital role in the Toastmasters community, not only via a supportive environment for individual growth and development but also by making a significant impact on the broader Toastmasters community. When a club achieves Distinguished status, it sets a benchmark of excellence that ripples through the Toastmasters network, inspiring and motivating other clubs and members to strive for success.

Achieve Greatness!

Remember that achieving greatness is not a destination, but rather a journey. It requires dedication, perseverance, and the collective effort of all club members. As you embark on this path, embrace the year's challenges and opportunities that come your way. Learn from each experience, both the successes and the setbacks, and use them to fuel your personal and club growth.

Keep in mind that greatness is not limited to the achievements you accumulate, but rather the impact you have on others. Be a mentor, a coach, and a source of inspiration for your fellow club members. Share your knowledge, your experiences, and your passion for Toastmasters. By doing so, you will not only enrich the Toastmasters experience for its members but also leave a lasting legacy for future generations of Toastmasters.

Embrace the journey with us!





A Song from Lisa!

(think Sound of Music!)

Laughter and clapping fill the air,
Toastmasters learning, we love to share.
Encouraging words that make our hearts
sing,
These are the things that Toastmasters
bring.

Joke of the day, a laughter-filled spree,
Witty punchlines that make us agree.
Confidence soaring, like birds taking flight,
Toastmasters growing, a wonderful sight.

Jazz hands and free lunch, evaluations that
ring,
Watching confidence grow, oh what a
thing!

Personal stories connect us like string,
These are the joys that Toastmasters bring!



Top 10 Reasons to Toastmastering

by Christina Kruis, DTM

10. Outstanding Education without university fees
9. International Networking with people around the world
8. Delicious lunches!!
7. Encouraging Evaluations that help me become better
6. People Laboratory to experiment and discover ways to lead
5. Participating and Witnessing the growth in others
4. Laughing and Learning with accomplished successful leaders
3. Mentoring for new technology and social media
2. Accountability in achieving my personal goals
1. My friends

Triple Crown Award

The Triple Crown award in Toastmasters is a prestigious recognition that honours members who demonstrate exceptional dedication and commitment to their personal and professional development. To achieve the Triple Crown award, a Toastmasters member must accomplish three important milestones within a single Toastmasters year, which runs from July 1st to June 30th.

The three milestones required to earn the Triple Crown award are:

- 1) Completing three educational awards: This involves earning any combination of three educational awards from the Pathways program, such as Level Completion, Mentorship or DTM.
- 2) Serving as a Club Officer: Members need to serve as a Club Officer in one of the Toastmasters club's executive roles, such as President, Vice President of Education, Vice President of Membership, Vice President of Public Relations, Secretary, Treasurer, or Sergeant at Arms.
- 3) Participating in a District-sponsored event: This requires attending and actively participating in a District-sponsored event, such as a District conference, contest, or training session.

Congratulations to this year's recipients from our Club: Arobo Ako, Christina Kruis, Marcy Field, Olanari Okungbowa and Wendie Swirskia



By accomplishing these three milestones within the same Toastmasters year, members earn the Triple Crown award, which symbolizes their dedication, commitment, and exemplary engagement in Toastmasters activities. The award recognizes their commitment to personal growth, leadership development, and active participation within the Toastmasters community. It showcases their dedication to becoming effective communicators, confident leaders, and valuable contributors to their Clubs and Districts.

Members who receive the Triple Crown award not only gain personal fulfillment and a sense of accomplishment but also serve as role models and inspirations for others on their Toastmasters journey.

Field Day at the Field Farm!

***On July 30 the club was invited to
Marcy's farm for a summer get
together.***



A Letter from Adi

by Aditya Verma, Club President 2023-2024



Welcome to the new academic year! After a thrilling summer, I am very excited that we are back to having weekly meetings. I trust that you and I both share the same sentiment. One of the highlights of our meetings is the supportive and positive learning environment we foster. Each member joins our club with a purpose, and supporting you is the purpose of your Executive team. (See P2)

We are also fortunate enough to have the guidance of Arobo Ako, our Immediate Past President. I am certain that her expertise, combined with our talented team, will transform our club into a communications and leadership powerhouse. Please feel free to contact any of us with questions and feedback. We are always here for you!

Fluor Communicators has been around since 1979, and our motto has always been to have FUN! As our founder Ralph Smedley said, "We learn best in moments of enjoyment." So, despite having serious goals, we always find fun, exciting and engaging ways to achieve them. One of the objectives this year is for our club officers and Toastmasters to set a fun mood for each meeting. This will encourage members and guests to participate and, as I like to say, add their shade of colour to the canvas that is our club.

We are proud to announce that we have been a President's Distinguished Club for the past 9 years in a row and aim to make it a perfect 10! But a Toastmasters club is awarded the President's Distinguished honour only if its members actively participate in meetings, complete their pathways, and achieve their goals. We realize that our members' needs and expectations evolve as time passes. So, one